



LAW 1 — MEETING 1

# The Law of Intentionality

*Growth Doesn't Just Happen...*

I. Personal Growth is not a \_\_\_\_\_ in most people's lives.

## II. Growth Gap Traps

1. The Assumption Gap – *"I assume that I will \_\_\_\_\_ grow."*
2. The Knowledge Gap – *"I \_\_\_\_\_ to grow."*
3. The Timing Gap – *"It's not the \_\_\_\_\_ to begin."*
4. The Mistake Gap – *"I am afraid of \_\_\_\_\_."*
5. The Perfection Gap – *"I have to find the best way \_\_\_\_\_ I start."*
6. The inspiration Gap – *"I don't \_\_\_\_\_ like doing it."*
7. The Comparison Gap – *"\_\_\_\_\_ are better than I am."*
8. The Expectation Gap – *"I thought it would be \_\_\_\_\_ than this."*

\_\_\_\_\_ + \_\_\_\_\_ +  
\_\_\_\_\_ + \_\_\_\_\_ = \_\_\_\_\_

# THE 15 INVALUABLE LAWS OF GROWTH



## IV. MAKING THE TRANSITION TO INTENTIONAL GROWTH

A. Ask the \_\_\_\_\_ Now

B. Do It \_\_\_\_\_

C. Face The \_\_\_\_\_

D. Change From \_\_\_\_\_ To \_\_\_\_\_ Growth

Accidental Growth					Intentional Growth					
0	1	2	3	4	5	6	7	8	9	10
←-----					-----→					
Plans to start tomorrow _____					Insists on starting now					
Waits for growth to come _____					Takes responsibility to grow					
Learns only from mistakes _____					Learns before mistakes					
Depends on good luck _____					Relies on hard work					
Quits early and often _____					Perseveres long and hard					
Falls into bad habits _____					Fights for good habits					
Talks big _____					Follows through					
Plays it safe _____					Takes risks					
Thinks like a victim _____					Thinks like a learner					
Relies on talent _____					Relies on character					
Stops learning after graduation _____					Never stops learning					

# THE 15 INVALUABLE LAWS OF GROWTH



## Applying the Law of Intentionality to your Life

Reviewing the Gaps, ask yourself which of these gaps has presented the greatest challenge for you?

1. **The Assumption Gap** – *I assume I will automatically grow*
2. **The Knowledge Gap** - *I don't know how to grow*
3. **The timing Gap** – *It's not the right time to grow*
4. **The Mistake Gap** – *I am afraid of growing*
5. **The Perfection Gap** – *I have to find the best way before I can start growing*
6. **The Inspiration Gap** – *I don't feel like growing*
7. **The Comparison Gap** – *Others are better than I am*
8. **The Expectation Gap** – *I thought it would be easier than this*

## OVERCOME GROWING PAINS

*(Specific Steps to Amazing Growth)*

**Want to really grow?** Take some time and write out a growth plan to address each area above. And take the first step TODAY to grow.

Look at your calendar for the next year: Schedule specific, timed and focused growth plans. If you think you don't have to time to schedule something else, imagine what last year could have looked like if you had scheduled plans for growing.

Remember, growing is not a goal, but a life-long process that MUST start with being intentional. While scheduling growth time may seem simplistic, it IS the beginning of action intention.

**Read the next chapter this week – *The Law of Awareness***